

**Saturday, March 9,  
2019**



**Run For The  
Shamrock**

**5K Run/Walk**

**10K Run**

**9:30 a.m.**

**Start**

**Alton Baker**

**Park**

**Benefiting the**

**Sheldon High**

**School**

**Track & Field**

**Program**

**More info at:**

**EclecticEdgeRacing**

**Run for the Shamrock  
Sheldon HS Track & Field  
2455 Willakenzie Road  
Eugene, Oregon 97401**

## **Run for the Shamrock**

**Presented by and supporting the Sheldon High School Track & Field Program**

**Saturday, March 9, 2019  
Alton Baker Park - Eugene, Oregon  
10K Run & 5K Run/Walk**

### **EVENTS**

9:30 a.m. Start for 5K run/walk and 10K run events  
Approximately 10:30 Awards distributed.

### **THE COURSES**

Both the 5K and 10K courses are flat, fast and scenic, on the bike paths along the Willamette River, starting and finishing near the shelters in Alton Baker Park. The 5K course crosses the river at the Autzen and DeFazio bridges, while the 10K crosses at the Autzen and Greenway bridges.

### **ENTRY INFORMATION**

\$25 without shirt & \$30 with shirt through Friday, March 8th.  
Add \$5.00 day of race  
Event shirts are a short sleeve tech shirt  
Youth (17 & Under) Deduct \$5

\*Event shirts are only guaranteed if ordered by Monday, March 4.

Please make checks payable to **Sheldon HS Track & Field**.  
Mail completed entry form(s) with fee to Sheldon High School Track & Field, 2455 Willakenzie Rd, Eugene, OR 97401.  
Please do not send cash. Mail entries must be postmarked by March 4. Entry fees are non-refundable.

### **IN-PERSON REGISTRATION**

In-person entry may be made through March 8 at 12pm at the Eugene Running Company (116 Oakway Road).

**Race day registration:** 7:45am to 9:30 am.

### **PACKET PICK-UP: Day of Race Only**

- ★ Saturday, March 9, 7:45am to 9:30am at Alton Baker Park under covered picnic tables.

### **EVENT BENEFIT:**

Sheldon High School Track & Field Program.

**Online Registration open until 9:00 p.m.**

**March 8th:**

**EclecticEdgeRacing.com**

**www.eclecticedgeracing.com**

2019 RUN FOR THE SHAMROCK

ONE ENTRY FORM PER PERSON

PHOTOCOPY AS NECESSARY

NAME: (LAST) \_\_\_\_\_ (FIRST) \_\_\_\_\_

<b>BIB #</b>  _____
---------------------------

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

SEX:  Male  Female AGE ON MARCH 9: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Sheldon Athlete supporting: \_\_\_\_\_ EVENT: \_\_\_\_\_ 10K Run \_\_\_\_\_ 5K Run/Walk

**Choose Shirt Size: Short Sleeve Dry Fit -Please check size:**

ADULT SIZES: S: \_\_\_\_\_ M: \_\_\_\_\_ L: \_\_\_\_\_ XL: \_\_\_\_\_ XXL: \_\_\_\_\_

Youth size: YM: \_\_\_\_\_ YL: \_\_\_\_\_

Entries can be dropped off at Eugene Running Company by Friday March 8<sup>th</sup> at 12:00 p.m. Online registration closes March 8<sup>th</sup> at 9:00 p.m.

**Or Mailed to:**

Sheldon HS Track & Field  
2455 Willakenzie Rd  
Eugene, OR 97401

Thru 3/8/2019  
Day Of Race  
Youth (17 & Under)

\$25 (No shirt) & \$30 with Shirt  
Add \$5.00  
Deduct \$5.00

ENTRY FEE TOTAL \$ \_\_\_\_\_

**MANDATORY WAIVER (Please read and sign below)** I know that a road race/walk or wheelchair event is a potentially hazardous activity. I should not enter and participate in this event unless I am medically able and properly trained and have sufficient stamina to safely and successfully complete this event without harm or injury to myself. In consideration of the acceptance of my entry, my heirs, executors, administrators and assigns, waive, release and discharge any and all rights and claims for damages against the Run For The Shamrock race directors and designated race officials, Sheldon High School Track & Field, Eclectic Edge Events, LLC, City Of Eugene, City Of Eugene Parks & Open Space, and all other participating sponsors, agents and employees of such parties for all claims of damages, demands, actions, whatsoever in any manner arising from my participation in this event. I grant permission to all of the foregoing the use of any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature (Parent/Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE NOTE:** Entry fees are non-refundable and non-transferable.

**DIRECTIONS**

In Eugene, take Coburg Road to MLK Blvd. Turn south on Country Club Road and immediately left into Alton Baker Park.

**AWARDS**

Prizes will be awarded to the top overall male and female finisher and the top 3 in each age group in both races. There are also random prize drawings.

**EVENT BENEFIT**

Proceeds from the event will benefit the Sheldon High School Track & Field Program.

**FOR MORE INFORMATION**

Please Call 541-954-4745 between 9am and 5pm., For additional forms and information, please go to EclecticEdgeRacing.com.

**RACE MANAGEMENT:**

[www.eclecticedgeracing.com](http://www.eclecticedgeracing.com)



**EVENT SHIRTS**

Shirts are only guaranteed if ordered by Monday, March 4, 2019.

**RESULTS**

Complete results will be posted at EclecticEdgeRacing.com.

**2019 "Run for the Shamrock" Sponsors:**

- Olsson Industrial Electric
- National Fire Fighter Corp.
- Industrial Source
- Cyro Source
- The Eugene Running Company
- Burch's Shoes
- BigFoot Beverage

