

Sheldon Track & Field Sign in sheet:

Athlete name: _____

Parent/Guardian Name: _____

Athlete Cell: _____

Parent cell #: _____

Parent email: _____

*The above information provided is the best contact information for season updates and emergency contact information.

_____ Yes, I am willing to help at home track meets

_____ Yes, I am willing to work the Varsity District Meet May 16 & 18 at Sheldon

_____ Yes, I am would be willing help at a “work party” at the track

_____ Yes, I would be willing to donate drinks or snacks for the team when we travel

_____ Yes, I would be willing to volunteer at Team Pasta Dinners