

Thank you for your patience as we have been working diligently to finalize plans to re-open optional athletic activities. Great care has been taken by our staff to ensure we are prepared to provide an organized and safe program for our students.

Below you will find important information about our start up next week.

1. **All athletes must bring a signed waiver before they will be allowed to participate. (see attached)**
2. Facilities are only open to athletes. Closed facilities/practices to parents or observers.
3. All athletes must wear face-covering at all times when on campus. (may be removed during exercise) Coaches will wear face coverings at all times.
4. Attached is a map outlining entry and exit for your practice facility.
  - Student should arrive no earlier than 10 minutes before their practice time.
  - Students Athletes must leave the facility immediately following practice.
  - We ask that parents should be in the parking lot waiting.
5. Athletes must observe 6 ft. of social distancing at all times.
6. When students arrive, check-in will include daily health screening
  - Temperature Checks must be under 100.4
  - Do you or have you had a cough within the past 14 days?
  - Do you or have you experienced shortness of breath within the past 14 days?
  - Have you experienced nausea/vomiting/diarrhea within the past 14 days?
  - Do you have a family member or person living in your household with any of these symptoms within the past 14 days?
  - Have you had any contact with a COVID-19 positive case?

\*If students do not meet the screening criteria, they must leave the facility. If immediate transportation is not available, students will be isolated until transportation arrives. An incident report will be filed and parents and district representative will be contacted.

7. Students must bring their own water bottle, no sharing will be permitted.
8. Athletes should come dressed for practice. Locker rooms and changing facilities are closed.
9. Athletes will be assigned to a cohort group (no more than 10)

All of our staff has been trained and have taken extreme care to plan and prepare with health and students well being in mind. Detailed protocol documents are posted at [Sheldonathletics.com](http://Sheldonathletics.com).