



### **2023 Sheldon Track & Field Schedule**

### **Location**

February 27:	First Day of Practice	3:50 pm	Sheldon Track
March 11:	Run for the Shamrock	8:30 am	Alton Baker**
March 15:	Irish Inter-squad	4:15 pm	Sheldon
March 22:	Springfield	3:30/4:15 pm	Springfield
April 5:	North Medford/Elmira	3:30/4:15 pm	Sheldon
April 7:	West Salem	2:30/4:30 pm	West Salem
April 12:	9/10 & JV Meet	3:30/4:15 pm	Sheldon
April 15:	Sherwood-Need for Speed	12:00/1:00 pm	Sherwood
April 19:	Thurston	3:30/4:15 pm	Thurston
April 21/22:	Oregon Relays	TBA	Hayward Field
April 26:	Willamette/SE	3:30/4:15 pm	Willamette
May 3:	Roseburg/NE	3:30/4:15 pm	Sheldon
May 5:	Dean Nice Invite	1:00	Gresham
May 9:	WHS/SE-(Senior Day)	3:30 pm	Sheldon
May 12:	JV District	2:00 pm	Thurston
May 18 & 20:	Varsity District	TBA	Grants Pass
May 26 & 27:	OSAA State Championships		Hayward Field

\*\*Indicates Team Fundraiser

*Times Tentative & May change*

*Not all Athletes compete in every meet will update throughout the season*